“Return to St. Louis” for the LCTHF’s 51st Annual Meeting from September 21 to 25, 2019. As we look back on the 50 years since our foundation’s incorporation in Missouri on February 11, 1969, we will honor the activities and individuals who have shaped the LCTHF. To accomplish this, we would like to hear your thoughts and your stories. What do you consider the most significant events and activities during the organization’s fifty-year history? When did you first attend an annual meeting? What Lewis and Clark activity had the most profound impact on you?

Please email or send your thoughts to LCTHF’s 51st Annual Meeting; c/o Karen Goering; Missouri Historical Society; PO Box 775460; St Louis, MO 63177, or email kgoering@mohistory.org

In commemorating the 50th anniversary of the LCTHF, we will examine how the telling of the Lewis and Clark story has changed over time, examine current scholarship within the field, participate in panels about what it means to be “Keepers of the Story and Stewards of the Trail,” and hear from Moulton Lecturer John Logan Allen. There are also unique activities in store: learn about background research for the Gateway Arch’s new exhibits from the curator and historian; have a behind-the-scenes experience with Lewis and Clark artifacts at the Missouri Historical Society; revisit “Lewis and Clark through Indian Eyes” with tribal scholars; take a chartered cruise to the confluence of the Missouri and Mississippi Rivers and pass through the massive Mississippi lock system to understand the changes to the river system since the time of Lewis and Clark.

The early-bird registration for LCTHF members of $375, valid until July 31, 2019, includes four lunches, two banquets, daily transportation, evening activities, and field trips. Online registration is available at www.lewisandclark.org. Book your conference hotel rooms now at Drury Inn & Suites Forest Park (2 Queen Beds $139 or Suites $169) by calling 800-325-0720 (group code 2312997) or visiting https://www.druryhotels.com/bookandstay/newreservation/?groupno=2312997. Conference rates include daily hot breakfast, evening receptions, WiFi, and free parking. Please go to the following video from Explore St Louis to whet your appetite: https://explorestlouis.com/adayinstlouis/

Ride Your Bike To Our 51st Annual Meeting! Join Larry Epstein and his bicycling buddies on a ride on Missouri’s Katy Trail State Park from September 16 to 20, 2019, just before the LCTHF’s 51st Annual Meeting in St. Louis. We will ride from Clinton, MO, to historic St Charles on the route of the Missouri-Kansas-Texas RR along the Missouri River, which follows the Corps of Discovery route across Missouri. We will stay in local B&Bs and have vehicle support. Please go to https://bikekatytrail.com for more information or email Larry at larryepstein62@gmail.com or 406-949-2277.
The Lewis and Clark Trail Heritage Foundation extends best wishes to Bob Clark on his retirement as Editor-in-Chief of Washington State University (WSU) Press. Bob also served as editor of *We Proceeded On*. Both editor and historian, Bob brought his own sense of style and fairness to *We Proceeded On* while shepherding the journal through the publication process at WSU Press. Serving as an editor is no easy task: although some authors wrote with flair and polish from years of experience as historians, naturalists, authors, and editors, others were new to the LCTHF’s high standards and the concepts of journal quotes, footnotes, and references. Each article deemed “worthy of consideration” then required editing and illustrations. Once published, some articles met with acclaim and praise. Others did not, and Bob accepted the praise and the criticism with equal aplomb. Thank you Bob... for your work on behalf of the LCTHF, for your guidance to a new group of scholars, historians, and story tellers, for allowing the Editorial Advisory Board to work closely with you, and for smoothing the transition to our new editor Clay Jenkinson. *Submitted by Barb Kubik*
A Special Remembrance. The LCTHF lost a good friend with the passing of Donal Wilkinson, 54, on December 4, 2018, at his home on the Rose Creek Nature Preserve in Pullman, WA.

Donal showed up at our Hog Heaven Muzzleloaders group (Eastern WA and Northern ID) about eight years ago and immediately became an active member bringing Boy Scout groups to our rendezvous events. A few years ago his scouts appeared in Dr. David Peck's video production of "Or Perish in the Attempt." Donal quickly became interested in my medical presentations and I saw in him a replacement for me in the fourth grade Rendezvous for Lewiston schools. He also became a favorite of the Benton City Schools Environmental Week at Camp Wooten along the Tucannon River where he taught Fur-Trade era skills to middle school students.

Last fall Donal attended the Fur Trade Symposium in Bismarck, ND, and helped me display and discuss over 100 medicines, many of which he had worked with me to bottle and label. I had health issues and was unable to attend the LCTHF's 50th Annual Meeting. In my stead, Donal presented my illustrated talk on the "Medals and Money of the Lewis and Clark Era" and by all reports did an outstanding job. He was looking forward to contributing short "Kids Korner" articles to WPO when unknown events caused him to take his own life. He gave so much of himself to so many others. Here in Hog Heaven Country we are all devastated by the loss. Submitted by John Fisher

Meriwether Lewis and William Clark Activities are scheduled this summer to commemorate events that enabled the captains to work together on their mission of discovery. Harpers Ferry National Historical Park in Harpers Ferry, WV, will celebrate its 75th anniversary on June 28 to 30, 2019. This anniversary is of importance to the Eastern Legacy part of the expedition as Lewis obtained many items from the Harpers Ferry Arsenal and Armory. The Harpers Ferry Park Association has scheduled many events including musical performances, living history presentations, and special guided hikes. Be sure to spend time at the Meriwether Lewis Museum and the Meriwether Lewis at Harpers Ferry Trail.

The commemoration of the 225th anniversary of the Battle of Fallen Timbers will take place from August 16 to 20, 2019, in the Toledo/Maumee, Ohio, area. Recall that William Clark was very much involved in actions leading up to the battle and the battle itself. Submitted by Jerry Wilson
Regional Meeting scheduled in the Phoenix, AZ, area on April 6, 7, 8, 2019. Please join us for the LCTHF Board meeting on April 6 in Scottsdale. We will also be touring western and Indian art museums, historic monuments, and Gila Bend and the Painted Rock Petroglyph Site, where LCTHF members helped to place an informational panel dedicated to Jean Baptiste Charbonneau’s activities in the area. While all members are cordially invited to attend, only a limited number of spots are available for a private tour and special talk to be given by Tim Peterson, a noted patron of Lewis and Clark and other western art, starting on the afternoon of Saturday April 6, and proceeding on past the evening meal. The meeting headquarters hotel is the Drury Inn and Suites Phoenix Chandler Fashion Center in Chandler, AZ (480-899-8100; LCTHF discount is available until March 14, 2019).

For more information email Lou Ritten at lritten01@yahoo.com or call 708-354-7778. The tour to Taliesin West is filling up fast so please do not delay. All registration forms and payments must be received no later than March 17.

A 50th Birthday Present for Us! Just as the Lewis and Clark Trail Heritage Foundation was celebrating the 50th anniversary of the signing of our Articles of Incorporation on February 11, 1969, and receiving the Missouri Secretary of State’s stamp which made it official on March 11, 1969, we received a fabulous birthday present.

On February 12, 2019, S. 47, the bill containing our legislation to extend the Lewis and Clark National Historic Trail (LCNHT) east from Camp River Dubois through six new states to Pittsburgh, PA, passed in the Senate by a vote of 92 to 8 and, two weeks later, in the House by a vote of 363 to 62. Once the president signs the legislation, it will become the law of the land. Please spread the good news to our members, friends, and supporters!

S. 47 is far-reaching in scope. In addition to making the National Trails System truly nation-wide by the inclusion of Indiana in the addition of the Eastern Legacy to the LCNHT, it creates new National Monuments, provides more than 1.3 million acres of new wilderness designations, and prohibits mining near two National Parks. Perhaps most crucial is the Permanent Reauthorization of the Land and Water Conservation Fund (LWCF), America’s most important program to conserve irreplaceable lands and improve outdoor recreation opportunities throughout the nation.

LCTHF will work with the National Park Service to incorporate the additional 1200 miles into the LCNHT in a usable way. We urge local chapters along the extended route to assist in these efforts. This is a tremendous opportunity for us to engage new members and to excite the general public about the Lewis and Clark story. Thanks go to the Eastern Legacy Committee (Chair Paige Cruz, Mike Loesch, Jerry Wilson, Phyllis Yeager, and Lindy Hatcher), to our Partnership for the National Trails System (PNTS) partners, and to the members of Congress and their staffs who worked hard and long to make trail extension a reality. Congratulations to all. I believe this bodes well for our foundation as we proceed on into our second half-century. Were it in my power, I would issue an extra gill of whiskey to the entire crew! Submitted by Lou Ritten, President, LCTHF
The New Lewis and Clark Exhibit opening at the Dakota Territorial Museum in Yankton, SD, on April 28, 2019, from 12 noon to 5:00 PM CDT will feature WPO Editor Clay Jenkinson as Thomas Jefferson at 1:30 PM. The exhibit at the Mead Cultural Education Center, 82 Mickelson Dr., is entitled "Journeying Forward: Connecting Cultures." Space is limited; please call 605-665-3898 to buy tickets for Thomas Jefferson's appearance as soon as possible.

At the end of the Bicentennial, American Rivers' search for a permanent home for their traveling exhibit about the Rivers of Lewis and Clark ended, according to Dakota Territorial Museum Director Crystal Nelson, at the Yankton County Historical Society, which pledged to integrate the exhibit into an education program about the history of the Missouri River. With additional information and new graphics, the exhibit draws upon American Rivers' exhibit but tells the story from a number of different perspectives.

“We expanded the exhibit,” Nelson said, “To include more about the Upper Midwest, the Dakota Territory, and the tribes that were here before Lewis and Clark.” The exhibit tells of the long-standing sophisticated inter-tribal trade network, the Dakota Rendezvous, and the Fur Trade era and leads up to the establishment of the United States, Thomas Jefferson’s vision of the West, Lewis and Clark and outfitting the expedition, and an overview of the entire journey. Illustrating these themes at the opening will be demonstrators and re-enactors from 12 noon to 1:15 PM and from 3:00 PM to 5:00 PM

Nelson adds, “We also tried to put in as many references to the tribal reaction to Lewis and Clark as we could.” The exhibit focuses on the meeting between the Corps and the Yankton tribe at Calumet Bluff and presents many of the maps used by the captains as well as those drawn by Clark and tribal acquaintances.

Submitted by Carol Ryan; excerpted from a Yankton Press & Dakotan article by Rob Nielsen

LCTHF’s Ohio River Chapter (ORC) partners with the Friends of Big Bone and Big Bone Lick State Historic Site in Union, KY, to Adopt-A-Bison. Big Bone Lick is both a Meriwether Lewis and a William Clark site and has good documentation and signage conveying information about the captains.

ORC members discussed the Adopt-A-Bison program with the park’s bison herd coordinator and then with the park administrator, who advised securing approval from the Kentucky State Parks central office. This entailed completing a long and detailed document. The official with whom we worked for over four months was very accommodating. He said he believed the program to be extremely beneficial to the bison, the park, and the public.

The membership of the ORC voted to fund the feed and care of one bison per year for five years. The amount of $306.17 per year was determined from the records kept by the herd coordinator. The Adopt-A-Bison Committee—Chairman Jerry Wilson, bison expert Lorna Hainesworth, Skip Jackson, Ken Jutzi, and Janice Wilson—recommends that other LCTHF chapters consider adopting a bison.

The ORC will continue to work with Big Bone Lick State Historic Site and the Friends of Big Bone to include a presentation about the ORC’s Adopt-A-Bison Program on National Bison Day, the first Saturday in November. The ORC’s commitment is recognized at the park and will be further recognized as this partnership project evolves. Please contact Jerry at wilsonjkw@yahoo.com for more information.

Submitted by Jerry Wilson
My Journey with the Captains. A book called *The Journals of Lewis and Clark* by Bernard DeVoto started me on that journey. In 1978 I purchased land along the Bitterroot River near the Lick Creek Confluence 10 miles south of Hamilton, MT and built a log home near the riverbank. I learned that the site of the house was not far from where Clark and his group had stopped on July 4, 1806.

I met Bud Clark, third great grandson of Clark, in 2005 when he and Corps II were traveling the Lewis and Clark National Historic Trail during the Bicentennial. We planned for him and his group to return to the Bitterroot location on July 4, 2006, and had a big celebration on my front lawn with re-enactors and some of the Corps’ descendants. I discovered that I am descended from John Shields, the expedition's blacksmith. He was Daniel Boone's cousin and I am Daniel Boone's fourth great nephew. Close enough!

As the first physical therapist in the Bitterroot Valley, I was fascinated by the account of Shields’ treating Bratton for "lumbago." According to the Journals, Bratton had not been able to walk unassisted for three months. Shields received permission from Clark to build a sweat house on the banks of the Clearwater River. Bratton was placed in the sweat house for 30 minutes, then plunged into the Clearwater River, then returned to the sweat house, and then wrapped in blankets and put to bed. Clark records that the next day Bratton was up and walking around almost pain free. Hot and cold contrast is a well-known treatment for lumbar disc involvement, which can cause severe spasm of the muscles in the lumbar spine, making walking difficult. By the time Shields treated Bratton, he was probably having residual sciatic nerve inflammation, hence the effectiveness of the treatment. This then was the first physical therapy treatment west of the Mississippi River!

I always treat visitors to my home on the Bitterroot to a tour of the books and memorabilia in the Lewis and Clark exhibit in my library. It is important to keep the story alive and to educate everyone about the Lewis and Clark Expedition. This was the most important and productive expedition in United States history, especially to the people living along the Lewis and Clark Trail.

*Submitted by Barney Lambert*
A Fair Trade. I so admired (lusted over) the necklace that went for auction at the LCTHF’s 50th Annual Meeting in Astoria that I wrote to John Fisher after the meeting and thanked him for contributing the piece to our foundation. He wrote back that he would trade me one for a signed copy of the day-by-day book. What a deal! So I got the Russian blue bead necklace with a period Spanish dollar for the book.

Then I went to add to it. I added a period American dollar (bought from John), elk ivories (gift from John), a first-issue Sacagawea coin from Philadelphia, and a Bicentennial nickel with the Indian peace medal image displayed. Now the necklace represents a story of the expedition’s time with the Clatsops: blue beads, Spanish dollar (recall Frazer’s razor), American dollar (Lewis and Clark gift and trade item), Sacagawea (her blue-beaded belt), Indian peace medals (expedition gift), and elks (which brought them to the Oregon side). I’m very happy with what I’ve put together. Submitted by Gary Moulton

LCTHF Sponsors White Cliffs Canoe Trip. The LCTHF, Portage Route Chapter, and Montana River Outfitters (MRO) are offering a Montana Plains Experience from July 15 to 19, 2019. There will be a Missouri River Canoe Trip through the White Cliffs portion of the Lewis and Clark National Historic Trail from July 15 to 17. At a cost of $1500, this historic "glamping" trip includes guides, tent set-up and breakdown, cot with air mattress, and three delicious meals prepared while you paddle, explore, read the journals, and enjoy the same pristine vistas described by Lewis and Clark. A $500 deposit is due with your reservation with the remaining $1000 due by June 15, 2019.

On July 18, we will spend a half-day at the Lewis and Clark Interpretive Center in Great Falls, MT, have lunch, and then travel nearby to the First Peoples Buffalo Jump. On July 19, we will meet Larry Epstein at the Fight Site near Cutbank, MT, for a narrated tour. You will receive a LCTHF donation receipt for $500. For more information please email the LCTHF office at info@lewisandclarktrail.org or call 888-701-3434. Don’t forget to bring your Golden Age Pass!

From your TOR team: If you would like to include your Chapter’s events in our next issue, please email your information to Philippa Newfield at philgor@aol.com or info@lewisandclark.org by May 1, 2019. We mail TOR to members for whom we do not have an email address and any members who ask to receive TOR via mail. If you wish to receive TOR electronically, please give us your email address. Respectfully, Philippa Newfield and Arend Flick.

LCTHF Award Nominations are due June 1, 2019. To learn more about the seven awards, go to www.lewisandclark.org and click on About Us and then on Foundation Awards to view past awards, award criteria, and content of the nomination packet. Contact Jane Knox, Awards Committee Chair, for more information at knoxjane@lewisandclark.org.
You may think you already know Charlottesville, VA, the site of the LCTHF's 52nd Annual Meeting from August 2 to August 5, 2020. But the LCTHF's Home Front Chapter and the Lewis and Clark Exploratory Center (LCEC) Board welcome you to come and explore further.

The new LCEC, which awaits your visit, has programs for all ages that offer opportunities for interactive scholarship, boat building, and acquisition of exploration skills. All the presidential homes—Madison’s Montpelier, Monroe’s Highland, Jefferson’s Monticello—have developed new presentations as a result of their extensive archeological research. The Omni, our conference hotel, is located right in Charlottesville on one of the most beautiful pedestrian malls in the nation.

Conference participants will visit the graves of Lewis's immediate family and the site where his father died. The rivers that Lewis grew up exploring, the Rivanna and the James, can be kayaked or tubed with the Rivanna River Company and the James River Runners, respectively. There are also many miles of trails that encircle the city and climb into the mountains. Or venture into the countryside to visit small-batch breweries, a nascent distillery community, and the 35 wineries.

Charlottesville can be approached from the west via the same path that Clark and Lewis traversed many times, a newly developed Lewis and Clark auto route up the Shenandoah Valley. By air, there are direct flights from Chicago, Atlanta, Charlotte, New York, and more. Please contact lcecvirginia@gmail.com. Submitted by Sally Thomas, President, LCEC